

Warning Signs for Children Who Are Bullied

Physical:

- Frequently complains of illness (i.e. headaches, stomach aches, etc.)
- Has anxiety when encountering peers
- Sudden change or loss of appetite
- Has scars, scratches, or bruises with no logical explanation
- Frequently has damaged or missing belongings

Academic:

- Skips class or skips school altogether
- Has changes in school work (i.e. poor grades, incomplete assignments, etc.)
- Has difficulty concentrating and remaining on task
- Does not enjoy going to lunch and/or recess
- Lack of interest in school-related and extracurricular activities

Social:

- Has very few or no friends
- Likes to be around adults rather than other children
- Has difficulty standing up for him/herself
- Often complains of other children teasing, picking on, or laughing at him/her
- May frequently irritate others (even adults)

Emotional:

- Is unhappy, depressed, and/or moody
- Shy, quiet, passive, withdrawn, and/or timid,
- Has poor self esteem
- Often anxious, nervous, cautious, worried, and/or fearful
- Has thoughts of suicide and possibly even homicide

Warning Signs for Children Who Bully Others

- Enjoys feelings of power and control
- Constantly seeks the attention of others (even negative attention)
- Like to dominate others
- Gains satisfaction from hurting others
- Has a bad temper; gets angry easily; impulsive
- Has little or no compassion for others when they are hurt; lacks empathy
- May have difficulty making and keeping friends
- Frequently disregards rules and gets in trouble
- Good at talking him/herself out of trouble, manipulative

- Disrespectful, hostile, or aggressive towards adults
- May be popular with other children
- Has average or above average self-esteem; overly confident
- Has poor supervision and parental involvement at home
- Has harsh physical discipline at home
- Has trouble taking responsibility for his or her own actions; often blames others
- Hangs around peers with accepting attitudes towards violence
- Has little emotional support at home