

Bullying Prevention Program

A Collaboration between Physicians for Social Responsibility and the School District of Philadelphia

How are these goals reached?

At the School Level:

- Continued administrative support and staff buy-in
- Forming a Bullying Prevention Coordinating Committee to oversee the implementation of the program through monthly meetings
- Administering an anonymous student survey to measure and track program effectiveness
- Training *all* school staff and holding regular staff discussion groups/program updates
- Examining and fortifying supervision of bullying “hot spots”
- Establishing and consistently enforcing rules and consequences for bullying
- Implementing a school-wide tracking system or incident report log to coordinate efforts in intervening in bullying incidents
- Implementing a positive incentive system to reward students with good behavior

At the Classroom Level:

- Consistently using sanctions and positive reinforcements
- Incorporating bullying themes into regular academic curriculum
- Facilitating weekly classroom meetings
- Holding meetings with parents of a class

At the Individual Level:

- Having serious talks with children who bully
- Providing support for children who are bullied
- Involving parents/guardians of children who bully and are bullied

At the Parent/Guardian Level:

- Holding meetings with the parents/guardians of children who bully and are bullied
- Providing information about the program and ways in which parents/guardians can reinforce program goals and principles at home
- Addressing parent/guardian concerns
- Recruiting parent/guardian volunteers

At the Community Level:

- Partnering with community organizations, businesses, houses of faith, neighborhood associations, etc.
- Looking for ways community members can support the school’s efforts
- Developing strategies to spread the anti-bullying message beyond the school doors
- Forming/connecting with violence prevention coalitions